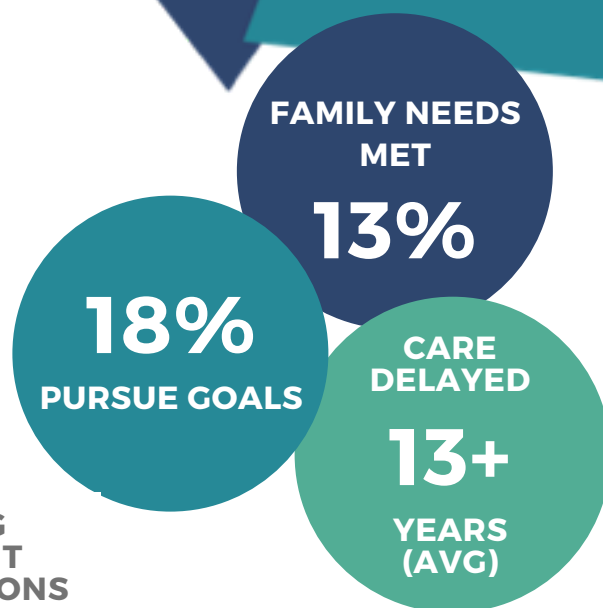


MSOF Research Focus

SOF Well-being and Performance

FORCE AND FAMILY FACTS

SOF health concerns are rising. Operators delay care an average of 13 years and 3 months for all non-catastrophic injuries (1). Only 13% of SOF families believe resources meet their needs, and 18% of SOF families feel able to pursue their goals (2). These facts present unique challenges for leaders, health providers, and other stakeholders in the SOF community.



SOF-UNIQUE INDICATORS

MSOF research identified 8 key challenges to career health & performance, when behaviors last 2+ years. MSOF strives to deliver evidence-based health & well-being resources to mitigate these challenges and support a strong SOF legacy.

Join us in adding certainty to the SOF journey at [MSOFC.org](https://www.msofc.org)

(1) Searcey (2016) <https://nyti.ms/2dElkYT>
(2) MSOF Research (2018)

MSOF Research Focus

SOF Well-being and Performance

UNDERSTANDING SOF

SOF and their families experience military service differently than conventional forces. They **require resources that are aligned with SOF-unique stress and designed with SOF values and character in mind**. MSOF provides research-based education and training for all stakeholders: Service-members, veterans, families, military leaders, health providers, family organizations, and other nonprofits.

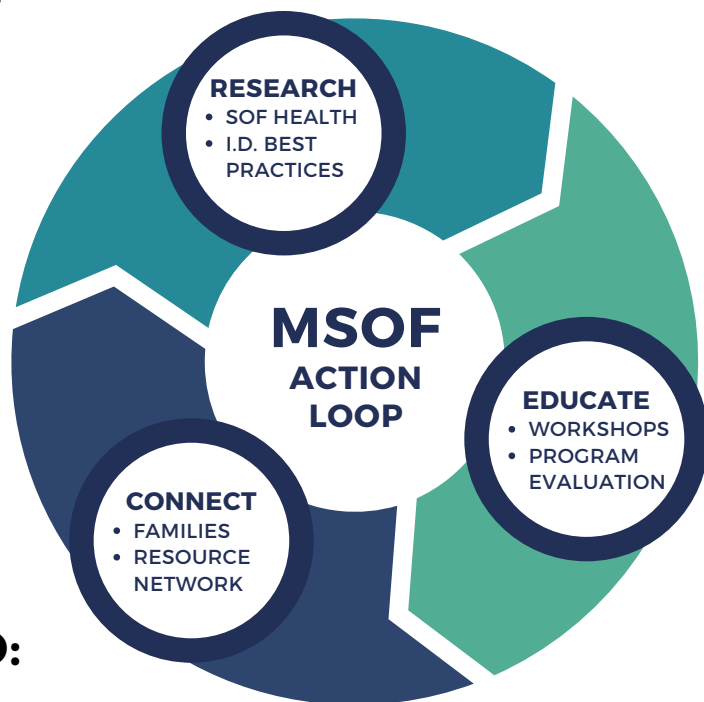
SERVICES FOR PARTNERS

- Unit & family workshops & resources
- SOF cultural competency training
- Specialty consulting for SOF wellness programs & services
- Referrals for SOF health and well-being programs & services
- Program evaluation & planning
- Original SOF-specific research

COLLABORATE WITH MSOF TO:

- Broaden reach and impact of programs & resources
- Improve organizational learning with unique data & tools
- Develop new SOF initiatives & opportunities

Join us in adding certainty to the SOF journey at [MSOFC.org](https://www.msafc.org)



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