

Military Special Operations Family Collaborative

TRAINING WORKSHOPS

MSOF provides research-based workshops for all stakeholders in the SOF community: Service members, veterans, families, military leaders, health providers, family organizations, and other nonprofits. Visit our website or contact us at home@msofc.org for more information on how to bring our workshops to your audience.

LEGACY BEYOND THE BATTLEFIELD

Senior Leader (Intensive In-Person)

Experience the cumulative toll of SOF career and lifestyle challenges relevant to human performance, wellness, and ethics through raw, first-hand testimonials from veterans who have been there and the experts who help them.



SOF CULTURAL COMPETENCY SUCCESS

Healthcare and Support Personnel (In-Person or Virtual)

Learn to incorporate considerations for SOF service members, veterans, and immediate family members in each of eight key engagement factors affecting resource design, targeting, timing, and delivery.

THRIVING AT THE TIP OF THE SPEAR

SOF Families (In-Person, Virtual, or Downloadable)

Take our simple wellness self-assessment, discover eight Tactical Fitness Challenges common to SOF families, and apply practical strategies to successfully increase control, competency, & connection within your family.



Join us in adding certainty to the SOF journey at [MSOFC.org](https://www.msofc.org)

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The Military Special Operations Family Collaborative is a 501(c)3 organization.